

Cindi A. Prentiss  
MBA, PT, OCS, Cert. MDT, BSPTS Cert. SST, LMT



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## Professional Development

**Cindi A. Prentiss**

MDT FOR PEAK PATIENT OUTCOMES Denver, CO July 2013 Audrey Long BSc, PT, Dip. MDT

ROTATOR CUFF & OTHER SHOULDER DISORDERS Carle Place, NY September 2012 Summit Professional Education, Eric Oestmann, PT, MS, Ph.D.

CYCLING SYMPOSIUM: A Multidisciplinary Approach to Treating the Cyclist Across Age, Gender, Injury New York, NY March 2012 New York University School of Medicine

SPORTS MEDICINE SYMPOSIUM Stony Brook, NY May 2011 Stony Brook Department of Orthopaedic Surgery

BREAST CANCER REHABILITATION Farmingdale, NY April 2011 APTA, Oncology Section

MDT CONFERENCE OF AMERICAS Baltimore, MD August 2010 Ron Schenk, Pt, PhD, OCS, FAAOMPt, Cert. MDT

MYOFASCIAL REBOUNDING New York, NY August 2010 John F. Barnes, PT

SHOULDER INSTABILITY (OALI) E. Setauket, NY February 2009 Michael Sileo, MD

MYOFASCIAL REBOUNDING Key West, Fla January 2009 John F. Barnes, PT

SHOULDER SURGERIES (OALI) E. Setauket, NY October 2008 Philip Shrank, MD Michael Sileo, MD

MYOFASCIAL RELEASE WOMEN'S HEALTH SEMINAR Sedona, Az February 2008 John F. Barnes, PT

MYOFASCIAL RELEASE FASCIAL- PELVIS Boston, MA October 2007 Joan Miller, PT

MYOFASCIAL RELEASE CERVICAL- THORACIC Cape Cod, Ma September 2007 John F. Barnes, PT

SPINAL SURGERIES E. Setauket, NY 2007 Mark Stephens, MD

MYOFASCIAL RELEASE II NY, NY May 18-20, 2007 John F. Barnes, P.T.

MYOFASCIAL UNWINDING NY, NY May 15-17, 2007 John F. Barnes, P.T.

MYOFASCIAL RELEASE I NY, NY May 11-13, 2007 John F. Barnes, P.T.

McKENZIE CONFERENCE Montreal, Canada August 2006

McKENZIE PART C: PROBLEM SOLVING Southside Hospital, Bay Shore, NY June 2006 Dana Greene, PT, Dip. MDT

MANUAL THERAPY & POSTURE CORRECTION FOR PATIENTS WITH TEMPOROMANDIBULAR DISORDERS Physical Therapy & Beyond, NY January 2006 Howard Makofsky, PT, DHSc, OCS

MANUAL THERAPY OF LUMBOSACRAL JUNCTION NYIT Dept. of Physical Therapy, NY June 2005

INTRODUCTION TO MANAGEMENT OF BREAST CANCER LYMPHEDEMA: AN INTEGRATED APPROACH MD March 2005

MULLIGAN CONCEPT: MOBILIZATION WITH MOVEMENT, "NAGS," "SNAGS," AND MORE FOR LOWER QUADRANT Jamaica, NY November 1-2, 2003 Julie Paolino

BEYOND KEGEL: Evaluation and Treatment of Pelvic Muscle Dysfunction and Incontinence and BEYOND KEGEL II: Advanced Topics and Special Population in Incontinence New York, NY October 24-26, 2003 Janet Hulme

MULLIGAN CONCEPT: MOBILIZATIONS WITH MOVEMENT, "NAGS," "SNAGS," AND MORE FOR THE UPPER QUADRANT Jamaica, NY June 21-22, 2003 Richard Crowel

FIRST INTERNATIONAL SYMPOSIUM ON FUNCTIONAL TRAINING AND REHABILITATION Boston, MA May 16-18, 2003 Ronald Rossetti

20TH ANNUAL HOUSTON EVERETT COURSE IN UROGYNECOLOGY AT THE JOHN HOPKINS UNIVERSITY SCHOOL OF MEDICINE Baltimore, MD February 20-22, 2003

BRIAN MULLIGAN'S FOLLOW UP COURSE TO MOBILIZATION WITH MOVEMENT, "NAGS," "SNAGS," AND MORE November 16-17, 2002 Julie Paolino

NY PT ASSOCIATION: VESTIBULAR REHABILITATION Huntington, NY October 20, 2002

HOME STUDY COURSE: ORTHOPAEDIC INTERVENTIONS FOR SELECTED DISORDERS July-December 2002

AMERICAN PHYSICAL THERAPY ASSOCIATION ANNUAL CONFERENCE Melville, NY October 2002

McCONNELL LOWER EXTREMITY WORKSHOP New York, NY September 2002 Jenny McConnell, PT, B. App. Sc., Grad. Dip. Man. Ther. Biomed. Eng.

McKENZIE NORTH AMERICAN CONFERENCE Credential/Diploma Seminar Mechanical Therapy in the Post-Surgical Patient McKenzie and Strengthening Integration of MDT with Spinal Stabilization/Functional Reactivation Manipulation Technique Workshop Tucson, AZ August 2002

McKENZIE PART E: HUMAN EXTREMITIES: MECHANICAL DIAGNOSIS & THERAPY Syracuse, NY June 2002

MOBILIZATION OF THE NERVOUS SYSTEM Southside Hospital, Bay Shore, NY April 2002 Adriaan Louw

RADIOLOGY FOR THE PHYSICAL THERAPIST NYIT Glen Cove, NY February 2002

MYOFASCIAL RELEASE & CRANIOSACRAL THERAPY: A TOTAL BODY APPROACH Glen Cove, NY January 2002 Cynthia Rowe, PT

APTA HOME STUDY "TYPICAL ROTATOR CUFF IMPINGEMENT SYNDROME" Orthopedic Section October 2001

KINESIOTAPING New York, NY October 2001

NYPTA CONFERENCE Albany, NY September 2001

APTA SHOULDER HOME STUDY COURSE Orthopedic Section September 2001

MOBILIZATION WITH MOVEMENT "NAGS," "SNAGS," & MORE for the Upper Quadrant Queens, NY June 2001 Julie Paolino, PT

APTA HOME STUDY "SOLUTIONS TO SHOULDER DISORDERS Orthopedic Section June 2001

THE MANAGEMENT OF THE CERVICOGENIC HEADACHE Glen Cove, NY May 2001 Howard Makofsky, PT

APTA HOME STUDY "DISORDERS OF THE KNEE" Orthopedic Section March 2001

AN INTRODUCTION TO PILATES International Weightlifting Association February 2001

CERTIFIED WEIGHT TRAINER International Weightlifting Association October 2000

DIFFERENTIAL DIAGNOSIS IN PHYSICAL THERAPY New York Physical Therapy Association, Alexandria, VA October 2000

MANAGEMENT & SURGICAL TREATMENT OF COMMON UPPER EXTREMITY INJURIES New York Physical Therapy Association, Alexandria, VA October 2000

THE McCONNELL APPROACH TO THE PROBLEM SHOULDER New York, NY October 2000  
MaryKroth-Brunet, MS, PT

CERTIFIED IN MECHANICAL DIAGNOSIS & TREATMENT OF THE SPINE McKenzie Institute June 2000

McKENZIE PART D: MECHANICAL DIAGNOSIS & THERAPY Bay Shore, NY November 1999  
Robert Medcalf, PT, Dip. MDT

McKENZIE PART C: PROBLEM SOLVING Bay Shore, NY June 1999 Dana Greene, PT, Dip. MDT

LI DISTRICT NY PT ASSOCIATION Identifying Compensations and Faulty Movement Patterns that Interfere with Full Recovery of the Musculoskeletal System Uniondale, NY February 1999

MOVEMENT STABILITY & LOW BACK PAIN: THE ESSENTIAL ROLE OF THE PELVIS Lecture & Lab Queens, NY January 1999 Dianne Lee, BSR, MCPA, FCAMT Andry Vleeming, PhD

PELVIC FLOOR DYSFUNCTION Centereach, NY December 1998 Hollis Herman, PT

McKENZIE PART B: CERVICAL & THORACIC SPINE: MECHANICAL DX & THERAPY Bay Shore, NY November 1998 Phil Burchell, PT, Dip. MDT

THE LUMBAR SPINE REVISITED New York, NY October 1998 Jenny McConnell, PT, GDMT, M. Biomed. Eng.

McKENZIE PART A: MECHANICAL DIAGNOSIS & THERAPY: LUMBAR SPINE Bay Shore, NY May 1998 Dana Greene, PT, Dip. MDT

STONY BROOK SEAWOLVES SPORTS MEDICINE SYMPOSIUM Stony Brook, NY April 1998

ORTHOPEDIC CERTIFIED SPECIALIST American Physical Therapy Association, Alexandria, VA March 1998

APTA COMBINED SECTION MEETING Boston, MA February 1998

MUSCULOSKELETAL DYSFUNCTION IN THE PREGNANT CLIENT Colorado Springs, CO October 1996 Jill Boissonnault, MS, PT Marla Bookhout, MS, PT

FELDENKRAIS METHOD: A TWO-DAY INTENSIVE WORKSHOP Stony Brook, NY July 1996

RECENT ADVANCES IN THE TREATMENT OF LOW BACK PAIN Univ. Medical Center, New York, NY June 1996

APTA LUMBAR SPINE HOME STUDY COURSE Orthopedic Section September 1995

APTA INSTRUCTOR TRAINING IN PRENATAL & POST-PARTUM EXERCISE Cape Cod, MA August 1995 Elizabeth Noble, PT

MOTHER MASSAGE: MASSAGE DURING PREGNANCY Syosset, NY July 1995 Elaine Stillerman, LMT

SOFT TISSUE MOBILIZATION: MYOFASCIAL RELEASE Syosset, NY May 1995 Theresa A. Schmidt, MSPT, OCS, LMT

CERVICOTHORACIC INTEGRATION (CTI) Long Island, NY December 1993, 1998 Jeffrey Ellis, PT, MTC

APTA LOWER EXTREMITIES HOME STUDY COURSE Orthopedic Section August 1993

APTA REVIEW FOR ADVANCED ORTHOPEDIC COMPETENCIES Orthopedic Section Seattle, WA July 1993

APTA UPPER EXTREMITIES HOME STUDY COURSE Orthopedic Section June 1993

APTA ELECTROTREATMENT OF ORTHOPEDIC DISUSE ATROPHY Caribbean May 1995 Gad Alon, PhD, PT

WHOLE SPINE STABILIZATION New York, NY April 1993 Stanley Paris, PhD, PT

SPORTS MEDICINE SYMPOSIUM Long Island, NY February 1993

SHOULDER MECHANICS & REHABILITATION Long Island, NY January 1993 Robert Donatelli, MA, PT, OCS

McCONNELL PATELLOFEMORAL TREATMENT PLAN Breckenridge, CO March 1992 Maureen Leeson, PT

FUNCTIONAL ORTHOPEDICS (FO1) Long Island, NY August 1991

LUMBOPELVIC INTEGRATION (LPI) Braintree, MA July 1991, 1998 Jeffrey Ellis, PT, MTC

FUNCTIONAL STABILIZATION FOR LOW BACK DISORDERS West Hartford, CT May 1991 Beverly Biondi, PT

DIAGNOSIS & TREATMENT OF MUSCLE IMBALANCES ASSOCIATED WITH REGIONAL PAIN SYNDROMES Level II NJ February 1991 Shirley Sahrmann, PhD, PT

PRACTICUM IN DIAGNOSIS & TREATMENT OF MUSCLE IMBALANCES Rusk Institute, New York, NY December 1990 Wendy Sarver, PT

DIAGNOSIS & TREATMENT OF MUSCLE IMBALANCES ASSOCIATED WITH REGIONAL PAIN SYNDROMES Level I NYU, New York, NY November 1990 Shirley Sahrmann, PhD, PT

MOTOR LEARNING & CONTROL Columbia Univ., New York, NY October 1990

INTERNATIONAL ISOKINETIC CONGRESS Lake Tahoe, NV April 1989

S1 - INTRODUCTION TO SPINAL EVALUATION AND MANIPULATION Washington, DC October 1988 Michael Irwin, PT